



Michael F. Harrison BS.ed, CBST

Core Balance Bowen Touch, Deep Tissue Massage & Professional Training
Comprehensive Mindfulness-Based Manual Somatic Touch Therapies
www.bowenpainrelease.com Telephone 510-525-1250

Client Disclosure

To _____
(name of client)

Welcome to my mindfulness-based bodywork practice. I am, - as you know, a nationally certified massage therapist of 40 years experience. I help people release the psycho-physical causes and habits of muscular holding and often the resulting pain, tightness and stress-related complaints. I am not a physician. I do not “fix” problems. My interest lies in helping to co-facilitate self-change in people willing to be present in their daily experience and explore ways for living with self-connection, balance and functional ease.

I use educational hands-on coaching approaches to assist the body to *rebalance itself* energetically and structurally. This mindful hands-on support allows for accelerated *self-regulation* and release of contracted habits. The process of awareness, acknowledgement, release and functional self-healing is evoked.

I have trained, researched and offered mindfulness-based manual therapies in a daily practice setting with over 24,000 actual client sessions since 1969. Highlights of my education and training is described below:

Advanced Deep Tissue Myo-fascial Training Certification With Art Riggs	2009
Advanced Bowen Therapy Training & Certification with Milton Albretch	2001
Advanced Bowen Therapy Training & Certification with Ozzie Rentch	1999
Bowen Therapy Training and Certification with Ozzie Rentch (Bowtech)	1995
Shen Therapy Certification, Berkeley	1993
Educational Bodytherapy Certification, Jim Spira Phd., Institute Educational. Bodytherapy	1985
First International Training & Certification in Deep Muscle Rebalancing; Poona, India	1979-80
Certification in Postural Integration, Jack Painter, Poona, India/San Francisco	1981
Massage Therapy Certification LA College of Massage and Physical Therapy	1976
Taught Basic Tai Chi & Chi Kung; Center for Transformation of Whole Being, La Jolla, CA	1976
Taught Tai Chi and Movement to Senior and San Diego High-rise Facilities	1975-77
Applied Kinesiology Certification in Touch for Health, John Thie, San Diego, Ca	1973
Jin Shin Jitsu, Inductive Healing Center, San Diego, Ca	1973
Taught Monthly Holistic Massage Classes; Center for Holistic Arts, San Diego, Ca	1973-76
Chinese Connective Tissue Arica Advanced Teacher Training NYC; Oscar Ichazzo	1972
Taught grades 4-6, Cambridge Public Schools	1971-72
BS.ed., Boston State College; Principles/Strategies of Education; Teacher Training	1971
Basic Muscle Therapy with Ben Benjamin, Boston/Cambridge	1969-70
Exploratory Sensory Awareness Training with Charlotte Selver & Charles Brookes	1969
Area Youth Gangworker & Educational Counselor for the City of Boston; Clarence “Jeep” Jones	1969-71

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I am a member of the Associated Bodywork & Massage Professionals ABMP and nationally certified in therapeutic massage and bodywork. I also have a certificate in cranio-sacral therapy.

If you ever have any concerns about the nature of your treatment, please feel free to discuss them with me. I suggest that you inform your physician that you are receiving massage therapy or Bowen therapy.

Consent to Receive Services

I clearly understand that Michael is not a physician and he does not diagnose or treat disease, or any physical or mental disorder of the person. Nothing said or done by Michael should be misinterpreted to be such. Proper medical diagnosis or treatment by a licensed physician is to be sought when such care is needed.

I clearly understand the intention of Michael's Core Balance Therapy (including Deep tissue Massage and Bowen Touch Therapy) and his interactive educational manual approaches is to assist the body's own ability to rebalance, self-regulate and realign itself. This is accomplished through direct soft tissue manipulation, movement re-education and active participation on my part, resulting in greater efficiency, ease and freedom of physical movement.

I understand it is necessary for Michael as a massage therapist to touch my body in order to assist me in establishing balance and alignment. I give Michael Harrison my permission and consent to do all those things necessary to help me establish balance and ease, including but not limited to touching my body. I give Michael Harrison, the practitioner full license to work with my body in such a way as to restore balance, ease and alignment therein.

I have read and understand the above disclosure about Michael's manual therapy approach and Michael Harrison's training and education. I understand that Michael Harrison is not a medical doctor. I understand it is my responsibility to maintain a relationship for myself/my child with a medical doctor. I have consented to use the services offered by Michael Harrison, and agree to be personally responsible for the fees of Michael Harrison in connection with the services provided to me.

Signed: _____ Date: _____
(client/parent/guardian?conservator)

Indicate capacity to sign if other than client _____

I do welcome referrals, which signify your satisfaction and trust in my services.

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